



Are you ready to party yourself into shape?

That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health

Winter Session

Mondays

and

Thursdays

7:15 PM @ Crossroads

6 weeks starting the week of 1/9

Cost: \$35

Sign up at the first class!

Questions?

Contact Terry Winkel @ 262-751-7800